

Train the Trainer Requalification Course 2 to 3 Day Course

Aims & Objectives of the Course:

- To update delegates skills and knowledge required to train others in safe handling practices. A comprehensive 2-3 day course for those who currently hold the Train the Trainer qualification and wish to renew certification to continue to train others.
- 2-days for those delegates who can provide evidence of delivering frequent Patient Handling training, at least 2 courses per month. 3-days for those who provide Patient Handling training less frequently.

The theoretical elements of the Course cover:

- All relevant health and safety and health and social care legislation, spinal awareness, natural human movement, assessing moving and handling risks using a variety of different assessment tools, principles of safe handling and ergonomics in care.

Practical practice covers:

- Using a wide range of moving and handling equipment and exploring the use of a wide variety of people handling techniques to address the issues found within the clinical workplace; assisting patients in and around the bed, in and out of chairs/baths, walking, management of the falling/fallen patient and hoisting and lateral transfers. Wherever possible the tutors will address any highly specialised moving and handling issues upon request from the delegates.

Benefits of attending the course:

- By attending this course delegates will update their knowledge and skills required to train in-house people handling skills to their own staff, addressing specific issues relating to their organisation. It also allows employers a highly flexible approach to delivering training, causing the least amount of organisational disruption to both patients and staff by delivering training at a time and pace to suit.



Certification:

- On successful completion of the course delegates will be required to undertake a written exam consisting of both long and multiple choice questions and to prepare and present a microteach session to the rest of the group on a manual handling topic of their choice.

Certificates of competency last for 3 years and are run in line with the guidance and standards set by National Back Exchange.