

Advanced or Managers 3 Day Course

Aims & Objectives of the Course:

This course has been specifically designed for care managers with responsibility for writing safe handling policies and procedures and for undertaking moving and handling assessments within their organisation.

The course focuses heavily on current health and safety legislation relating to moving and handling practices, effective assessment of risks using a variety of assessment tools, ergonomics in care, moving and handling principles, communication, policies and procedures and managing change. Delegates are also required to take part in a variety of practical handling activities including:

- Move people from a seated position to standing with and without handling belts
- Repositioning in a chair or in bed
- Moving and turning people in bed with and without glide sheets
- Getting a patient from chair to floor for CPR
- Positioning a choking patient effectively for abdominal thrusts
- Safe hoisting practices, correct sling choice and application
- Management of the falling person and assisting people up from the floor
- Assisting patients from a confined space
- Lateral transfers (if applicable)



Benefits of attending the Course:

With the introduction of the Health and Social Care Act 2008 (Regulated Activities) Regulations 2009, it has never been more important for managers to ensure they are fully compliant with appropriate health and social care legislation; effective management of manual handling forms a large part of this recently introduced legislation.

By attending this advanced course for managers, delegates will gain the knowledge and skills required to effectively and safely manage all moving and handling activities within their workplace.

Certification:

Delegates will:

- be required to take part in lively debate
- write or update their organisational policies and procedures and conduct comprehensive risk assessments
- demonstrate practical handling techniques which reflect safe practices via continual assessment throughout the duration of the course.

Certificates of competency last for 1 year and are run in line with the guidance and standards set by National Back Exchange.